For Use By Race Officials Only:

BIB NUMBER: ☐☐☐☐ **Payment Method:** ◯ Cash ◯ Check: #_____ **Amount Paid:** $ ☐☐

Heels and Hills and Him Half Marathon / 10K / 5K / 1 Mile Fun Run

September 26, 2010

TO SAVE YOU TIME, YOU MAY PRINT THIS FORM TO BRING TO PACKET PICKUP FRIDAY OR SATURDAY TO REGISTER IN PERSON. DO NOT MAIL THIS FORM. CASH OR CHECK ONLY DURING PACKET PICKUP — WE CAN NOT ACCEPT CREDIT CARDS. IF PAYING CASH, BRING EXTRA TO PAY FOR YOUR PARKING PASS AND ANY H&H MERCHANDISE YOU MAY WANT TO BUY.

Event: Half Marathon - $65 ◯ 10K - $40 ◯ 5K - $25 ◯ 1 Mile - $10 ◯

Shirts dependent on what's available at the moment you register...

Tech Shirt Size (for Half Marathon and 10K):

Women's Short Sleeve S ◯
Women's Short Sleeve M ◯
Women's Short Sleeve L ◯
Women's Short Sleeve XL ◯
Women's Short Sleeve 2XL ◯
Women's Short Sleeve 3XL ◯

Women's Long Sleeve XS ◯
Women's Long Sleeve S ◯
Women's Long Sleeve M ◯
Women's Long Sleeve L ◯

Women's Long Sleeve XL ◯
Women's Long Sleeve 2XL ◯
Women's Long Sleeve 3XL ◯

Cotton T-Shirt Size (for 5K and 1 Mile Fun Run, can also be chosen by Half & 10Kers):

S ◯
M ◯
L ◯
2XL ◯

Name: ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

Gender: Male ◯ Female ◯ **Birthdate:** ☐☐ / ☐☐ / ☐☐

Email Address: ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

Daytime Phone: ☐☐☐-☐☐☐-☐☐☐☐

Address: ☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐☐

City: ☐☐☐☐☐☐☐☐☐☐☐☐☐☐ **State:** ☐☐ **Zip:** ☐☐☐☐☐

Award Divisions: *(Choosing to enter this award division means you will not be eligible for any age group awards.)*

◯ Clydesdale - men whose weight is over 195 pounds ◯ Athena - women whose weight is over 150 pounds

Team Name - optional *(Make a team with all your friends and enter the name here. Special recognition for biggest team.)*

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Mother/Son or Father/Son Pair - optional - If you and your father/mother or son are participating together, which best describes your pair? *(We love to recognize families getting active together!)*

◯ Father or ◯ Mother - and Adult Son (18 and older)
◯ Father or ◯ Mother - and Teenage Son (ages 13-17)
◯ Father or ◯ Mother - and Child Son (ages 12 and under)

Enter the name of the other person in the pair (your father/mother/son), and their relationship:
(NOTE: Family member listed here MUST register themselves - this is not a registration for them!)

Name: _____

Relationship: _____

Were you registered for any of the past May Heels & Hills events? Yes-1 ◯ Yes-2 ◯ Yes-3 yrs ◯ Yes-4 yrs ◯ No ◯

Were you registered for the 2009 inaugural Heels & Hills & Him event September 27, 2009? Yes ◯ No ◯

Will this be your first time to complete the distance you signed up for in a race? Yes ◯ No ◯

WAIVER STATEMENT: Entry invalid if not signed. In consideration of the acceptance of this registration entry, I the undersigned assume full and complete responsibility for any injury or accident, which may occurs during my participation in the event or while I am on the premises of the event. I hereby release and hold harmless Heels and Hills Inc, the sponsors, promoters and all other persons and entities associated with the event or their agents or employees, or otherwise. I will not enter and participate unless medically and properly trained. I also know that although police protection will be provided, there may be traffic on the course route. I assume the risk associated with this event, including but not limited to falls, contact with participants, alcohol consumption, the effects of weather including high heat and/or humidity, and the conditions of the road, all such risks being known and appreciated by me. I further grant my permission to use any photographs, videotape, motion pictures, recordings or any other record of this event. Shirt size is not guaranteed. Fees are non refundable for any reason, including cancelation of the event. I am responsible for the return of my timing chip. I have read the forgoing and certify my agreement by this signature, and my parent's/guardian's if under 18 years of age.

Signature _____ Date _____

Parent or Legal Guardian, for minor: _____ Date _____