

# Heels and Hills and Him Half Marathon, 10K, 5K September 25, 2011

For race results questions, email [probertson@heelsandhills.com](mailto:probertson@heelsandhills.com)

## 10K Overall Finish

OA Place	Bib No.	Fname	Lname	Gender	Age	Age Group	GunTime
1	950	JOSE	MONSIVAIS	M	33	M OVERALL	42:48
2	850	TOM	CHEATHAM	M	33	M 30-34	45:31
3	742	JOSEPH	BURNHAM	M	31	M Clydesdale	45:36
4	852	WILLIAM	DOYLE	M	47	M MASTERS	46:14
5	845	CHERYL	FAVORS	F	27	F OVERALL	48:20
6	910	JACOB	MURRAY	M	21	M 20-24	51:13
7	891	VICENTE	ESTRADA-CARPENTER	M	26	M 25-29	51:22
8	991	JOEL	ECKHAUSE	M	41	M 40-44	51:35
9	762	LAUREN	BENDIKSEN	F	37	F 35-39	51:35
10	881	DREW	SIMON	M	27	M 25-29	51:38
11	1007	JOANN	ROBSON	F	40	F MASTERS	52:48
12	1009	ALLISON	RICHOUX	F	38	F 35-39	52:54
13	963	DONNIE	LUCAS	M	54	M 50-54	53:14
14	926	JENNIFER	GALINDO	F	27	F 25-29	53:23
15	989	DEANNA	BANDEMER	F	35	F Athena	53:47
16	977	IRISSA	NOLAN	F	26	F 25-29	54:17
17	967	ANDREW	WEXLER	M	24	M 20-24	54:22
18	855	MATT	BENDIKSEN	M	39	M 35-39	54:44
19	939	LAURA	KERSEY	F	32	F 30-34	54:48
20	980	RHONDA	CARTER	F	39	F 35-39	54:49
21	848	VIKRAM	JAKKAMSETTI	M	33	M 30-34	55:07
22	868	AMY	MELTON	F	27	F 25-29	55:54
23	985	LAUREN	COOK	F	30	F 30-34	55:57
24	981	RICHARD	SPORN	M	48	M 45-49	56:04
25	810	JARED	MILES	M	39	M 35-39	56:06
26	997	PAIGE	SAUER	F	33	F 30-34	56:22
27	1026	BENJAMIN	CARRILLO	M	25	M 25-29	56:45
28	716	COURTNEY	HALLUM	F	22	F 20-24	56:55
29	964	TRENTON	BLAYLOCK	M	15	M 15-19	56:57
30	966	MIKE	WEXLER	M	45	M 45-49	57:14
31	1031	VICKY	MENA	F	25	F 25-29	57:15
32	920	CHRISTY	KELLER	F	43	F 40-44	57:26
33	941	AMY	HOLLAND	F	29	F 25-29	57:28
34	851	MARTI	LOWE	F	25	F 25-29	57:35
35	1032	TRICIA	GILL	F	35	F 35-39	57:36
36	878	KELLY	CRISS	F	41	F 40-44	57:37
37	1004	CATHERINE	FOX	F	25	F 25-29	58:08
38	974	KRISTIN	GIDDENS	F	28	F 25-29	58:15
39	1000	KELSEY	TAYLOR	M	24	M Clydesdale	58:23
40	961	CHRIS	ERWIN	M	40	M 40-44	58:25
41	876	JANSSEN	ANDERSON	F	30	F 30-34	58:29
42	798	DANIKA	BOYST	F	35	F Athena	58:32
43	930	MAYRA	RANGEL	F	35	F 35-39	58:33
44	769	NICK	BARBER	M	32	M 30-34	58:55
45	928	MICHAEL	URIZAR	M	32	M 30-34	58:56
46	983	RICK	WEAVER	M	53	M 50-54	58:57
47	887	PHILLIP	DYER	M	43	M 40-44	59:03
48	809	HEATHER	MILES	F	34	F 30-34	59:20
49	992	LACEY	NICHOLS	F	35	F 35-39	59:27
50	924	BARBARA	CAUSSEY	F	40	F 40-44	59:28
51	1038	JEREMY	LIM	M	22	M 20-24	59:32

OA Place	Bib No.	Fname	Lname	Gender	Age	Age Group	GunTime
52	1008	JENNIFER	EVEN	F	33	F 30-34	59:35
53	883	BRITNEY	PITTS	F	30	F 30-34	59:42
54	925	KRISTI	ROLLINS	F	41	F 40-44	59:51
55	954	RAY	CHAVEZ	M	26	M 25-29	59:57
56	803	SHANNON	HOLMES	F	31	F 30-34	1:00:14
57	1025	URSULA	POLEY	F	27	F 25-29	1:00:36
58	1005	HEATHER	CARSON	F	37	F 35-39	1:01:04
59	882	ROBERT	PICKUP	M	36	M Clydesdale	1:01:08
60	827	JEANNIE	GREEN	F	32	F 30-34	1:01:15
61	740	JENNIFER	HAGA	F	33	F 30-34	1:01:20
62	1014	CORINNE	CARLISLE	F	35	F 35-39	1:01:35
63	836	IRMA	BENNETT	F	33	F 30-34	1:01:47
64	979	REBECCA	LORANCE	F	35	F 35-39	1:01:50
65	975	LINZY	MCCAWLEY	F	35	F 35-39	1:02:12
66	760	JILL	SHREVE	F	28	F 25-29	1:02:12
67	767	MEGAN	WEADOCK	F	28	F 25-29	1:02:18
68	1035	MARTHA	GONZALES	F	40	F 40-44	1:02:20
69	768	DEBRA	SMITH	F	46	F Athena	1:02:24
70	889	BRENT	KRUMVIEDA	M	33	M 30-34	1:02:32
71	870	LINDA	BASIL	F	39	F 35-39	1:02:38
72	871	HENRY	BASIL	M	44	M 40-44	1:02:39
73	748	JENNIFER	PUTMAN	F	32	F 30-34	1:02:42
74	737	REBECCA	SMITH	F	49	F 45-49	1:02:44
75	721	JASON	FROYD	M	36	M 35-39	1:03:10
76	999	LUSANA	DARNELL	F	39	F 35-39	1:03:16
77	1010	MISTY	HOLMAN	F	32	F 30-34	1:03:36
78	990	ALICE ASHLEY	VANKIRK	F	38	F 35-39	1:03:50
79	1017	VIRGINIA	SHARMA	F	35	F Athena	1:03:53
80	837	KELLY	MALLOW	F	37	F 35-39	1:04:43
81	759	ALICE	ALMONRODE	F	41	F 40-44	1:04:46
82	940	REBECCA	BARNETT	F	35	F 35-39	1:05:09
83	854	JACOB	OWEN	M	37	M Clydesdale	1:05:20
84	794	ELIZABETH	SMATHERS	F	30	F 30-34	1:05:32
85	880	ANNA	WHITE	F	21	F 20-24	1:05:35
86	795	JULIE	CALVERT	F	51	F 50-54	1:05:42
87	895	LAUREN	HOFER	F	30	F 30-34	1:05:43
88	1040	STEPHANIE	HAMLIN	F	26	F 25-29	1:06:02
89	872	STEFANIE	NATION	F	27	F 25-29	1:06:10
90	1020	HILARY	BONTRAGER	F	20	F 20-24	1:06:16
91	973	JESSIE	DUGAN!	F	22	F 20-24	1:06:19
92	884	ADRIA	KERWIN	F	28	F 25-29	1:06:23
93	901	TROY	DISMUKE	M	39	M 35-39	1:06:26
94	900	MISTY	HATCHER	F	28	F 25-29	1:06:30
95	917	TOBY	WHITEHORN	M	41	M 40-44	1:06:41
96	1043	TRACY	CARTER	F	41	F 40-44	1:06:48
97	814	JODI	NOWELL	F	26	F 25-29	1:06:49
98	1001	MARTHA	DIXSON	F	28	F 25-29	1:06:51
99	865	MICHELLE	SIMENTAL	F	37	F 35-39	1:07:07
100	835	SABRINA	DIXSON	F	34	F 30-34	1:07:10
101	833	DANIELLE	KRACHT	F	26	F 25-29	1:07:19
102	859	CINDY	ECHEVARRIA	F	29	F 25-29	1:07:22
103	1037	ERIN	HORAK	F	33	F 30-34	1:07:23
104	805	BRIAN	HOLT	M	42	M 40-44	1:07:24
105	775	REGINA	CARTWRIGHT	F	43	F 40-44	1:07:26
106	774	KIM	CABEZA	F	46	F 45-49	1:07:27
107	779	JODI	STANISLAW	F	36	F Athena	1:07:28
108	893	JENNIFER	ALLEN	F	38	F 35-39	1:07:31
109	1039	CHASITY	RIVERS	F	34	F 30-34	1:07:35

OA Place	Bib No.	Fname	Lname	Gender	Age	Age Group	GunTime
110	812	DAWN	JONES	F	35	F 35-39	1:07:44
111	811	MANDY	RHODES	F	46	F 45-49	1:07:51
112	1021	KARL	BONTRAGER	M	54	M 50-54	1:08:01
113	815	KRISTAL	FANNING	F	37	F 35-39	1:08:28
114	1034	PAM	JONES	F	52	F 50-54	1:08:30
115	1024	AMANDA	PROCTOR	F	38	F Athena	1:08:32
116	813	MALLORY	GOETZ	F	24	F Athena	1:08:34
117	772	CORINNE	TURMELLE	F	27	F 25-29	1:08:36
118	808	BETHANY	VESELKA	F	28	F 25-29	1:08:38
119	802	ALYSSA	PIERCE	F	26	F 25-29	1:08:52
120	741	MARK	JOHNSON	M	61	M 60-64	1:09:22
121	923	MARCY	WEBSTER	F	47	F Athena	1:09:32
122	826	ROBIN	GRADY	F	50	F 50-54	1:09:46
123	1018	RUTHY	SUNI	F	36	F 35-39	1:09:46
124	705	MARTHA	DE LA MORA- PEDERZINI	F	42	F 40-44	1:09:47
125	828	NIKKI	SIMON	F	31	F 30-34	1:10:09
126	982	PAM	WEAVER	F	52	F 50-54	1:10:24
127	781	KENDEL	SRADER	F	45	F 45-49	1:10:33
128	911	CHRISTINA	TANNER	F	33	F 30-34	1:10:33
129	818	MCJ	MORGAN	F	56	F 55-59	1:10:37
130	816	REGINA	GAUCH	F	41	F 40-44	1:10:50
131	9	JENNIFER	JORDAN	F	41	F 40-44	1:11:16
132	945	KRISTI	SEWELL	F	23	F 20-24	1:11:18
133	994	STEPHANIE	SAUER	F	19	F 15-19	1:11:40
134	797	KARLA	COX	F	49	F 45-49	1:11:41
135	894	TAMMY	ALLARD	F	43	F 40-44	1:11:42
136	839	KIMERLY	FERNANDEZ	F	40	F 40-44	1:11:43
137	957	JAY	CUTCHER	M	35	M 35-39	1:11:57
138	847	ALLISON	BAKER	F	27	F 25-29	1:12:04
139	976	PAMELA	NOURVLE	F	42	F 40-44	1:12:06
140	922	LISA	GARRIS	F	40	F 40-44	1:12:10
141	906	LYNETTE	PORTER	F	39	F 35-39	1:12:26
142	821	ANNA	HUGGINS	F	31	F 30-34	1:12:35
143	1028	TARA	CAMPBELL	F	32	F Athena	1:12:38
144	102	JANET	HUERTA	F	23	F 20-24	1:12:51
145	792	HEATHER	FISHER	F	29	F 25-29	1:12:59
146	763	REBECCA	BURNS	F	21	F Athena	1:13:02
147	783	KENNETH	COOPER	M	22	M 20-24	1:13:03
148	996	KALA	SCHLAEGEL	F	39	F 35-39	1:13:11
149	972	DEBORAH	YEARGIN	F	0	#N/A	1:13:16
150	946	JEAN	NGUYEN	F	27	F 25-29	1:13:27
151	935	KENDY	REED	F	27	F 25-29	1:13:29
152	133	JUSTEN	FARLEY	M	33	M 30-34	1:13:30
153	933	NICOLE	REED	F	35	F Athena	1:13:40
154	1013	JAYSON	COWARD	M	27	M 25-29	1:13:51
155	879	TIFFANY	CHENNAULT	F	27	F 25-29	1:13:53
156	44	ADAM	WOOD	M	26	M 25-29	1:13:54
157	998	MIRANDA	TENGRAM	F	32	F 30-34	1:13:55
158	782	KINGSLEY	ALLEN	M	44	M 40-44	1:13:56
159	739	SILVIA	HAUSKNECHT	F	32	F Athena	1:13:58
160	1044	HEATHER	POIRIER	F	35	F Athena	1:13:59
161	1003	SARA	RODRIGUEZ	F	34	F 30-34	1:14:00
162	934	CANDICE	BARBOSA	F	37	F 35-39	1:14:03
163	793	ALICE	RODRIGUEZ	F	41	F 40-44	1:14:22
164	1029	STEVE	HESS	M	60	M 60-64	1:14:43
165	1036	ROBYN	WILKINSON	F	38	F 35-39	1:14:58
166	863	AMY	CLIFTON	F	38	F 35-39	1:15:06
167	829	BRENDA	WALTERS	F	58	F 55-59	1:15:14

OA Place	Bib No.	Fname	Lname	Gender	Age	Age Group	GunTime
168	908	CONSTANCE	MOORE	F	40	F 40-44	1:15:30
169	896	MEGAN	EITSON	F	24	F 20-24	1:15:32
170	877	JENNIFER	HANSEN	F	33	F Athena	1:15:33
171	907	NIKKI	GROTH	F	30	F 30-34	1:15:34
172	903	SHENEAKA	SANDERS	F	33	F 30-34	1:15:35
173	764	JEFFREY	CHANDLER	M	37	M Clydesdale	1:15:36
174	730	DEEDEE	LOVE	F	46	F Athena	1:15:50
175	936	TERESA	CRAWLEY	F	45	F 45-49	1:16:41
176	773	SABRINA	SHROATS	F	26	F 25-29	1:16:43
177	777	TORI	HENDON	F	19	F 15-19	1:16:47
178	735	DONNA	HENRY	F	41	F Athena	1:16:47
179	778	MAGAN	HENDON	F	26	F 25-29	1:16:56
180	838	RACHEAL	ROBERTS	F	41	F Athena	1:16:56
181	825	KATHRYN	CONKLIN	F	28	F 25-29	1:17:21
182	834	TONIA	PICKETT	F	41	F Athena	1:17:36
183	766	SHELBY	ADAMS	F	37	F Athena	1:17:47
184	1015	ANDREA	KENTER	F	34	F 30-34	1:17:49
185	800	JESSICA	LLANES	F	34	F 30-34	1:17:51
186	766	SHELBY	ADAMS	F	37	F Athena	1:17:52
187	1019	LORI	RASOR	F	42	F 40-44	1:17:54
188	799	SONYA	RODRIGUEZ	F	32	F 30-34	1:18:09
189	871	HENRY	BASIL	M	44	M 40-44	1:18:10
190	134	KATY	GARRISON	F	24	F 20-24	1:18:19
191	163	BREE	SMITH	F	30	F 30-34	1:18:32
192	732	ELAINE	DANDRIDGE	F	29	F Athena	1:18:42
193	984	SARAH	MEYERS	F	32	F 30-34	1:19:00
194	949	KAY	MANGHAM	F	39	F 35-39	1:19:06
195	942	LAURA	VEST	F	49	F 45-49	1:19:10
196	1023	HOLLIE	BONTRAGER	F	22	F 20-24	1:19:15
197	801	REBECCA	BOGIE	F	43	F 40-44	1:19:24
198	710	JULIE	GODKIN	F	43	F 40-44	1:19:26
199	932	SOPHIA	VALDEZ	F	12	F 11-14	1:19:33
200	786	ANGIE	PASCHALL	F	41	F Athena	1:19:45
201	959	JULIE	GUARDUCCI	F	48	F 45-49	1:19:59
202	853	MARCIA	DOYLE	F	41	F 40-44	1:20:00
203	719	MARIA	MOURET	F	43	F 40-44	1:20:04
204	919	MARIA	MIRELES	F	36	F Athena	1:20:13
205	890	ALLISON	ESTRADA-CARPENTER	F	25	F 25-29	1:20:27
206	714	AMY	CARPENTER	F	37	F 35-39	1:21:01
207	712	LESLIE	CARTER	F	35	F 35-39	1:21:15
208	987	MELISSA	MIRELES	F	27	F 25-29	1:21:16
209	843	CERITA	TAYLOR	F	35	F 35-39	1:21:20
210	847	ALLISON	BAKER	F	27	F 25-29	1:21:21
211	1016	DEIRDRE	PRICE	F	34	F 30-34	1:21:22
212	953	BETTY	EDGE	F	67	F 65-69	1:21:35
213	952	CHRISTINE	TARKENTON	F	35	F 35-39	1:21:36
214	867	MIKE	WISDOM	M	46	M 45-49	1:21:50
215	866	ELIZABETH	STEWART	F	33	F 30-34	1:22:13
216	752	TRACIE	JONES	F	45	F 45-49	1:22:32
217	918	LAURA	BAUMANN	F	38	F 35-39	1:22:39
218	921	KIMYLA	GUICE STEGALL	F	37	F Athena	1:22:46
219	931	ESTELA	VALDEZ	F	36	F 35-39	1:22:48
220	956	LAVYN	SAVAGE	M	28	M 25-29	1:23:00
221	958	NIKKI	DAVIS	F	44	F 40-44	1:23:01
222	785	AMANDA	REYES	F	42	F 40-44	1:23:06
223	817	JACKY	SALAZAR	F	30	F 30-34	1:23:30
224	708	CAROL	CREECH	F	60	F 60-64	1:23:51
225	892	KATHRYN	UHRICH	F	36	F 35-39	1:23:55

OA Place	Bib No.	Fname	Lname	Gender	Age	Age Group	GunTime
226	1041	BRITNI	SMITH	F	26	F 25-29	1:24:03
227	711	DORNOL	BING	F	45	F 45-49	1:24:56
228	787	ROB	PASCHALL	M	40	M 40-44	1:25:05
229	913	RAQUEL	LINCON	F	65	F 65-69	1:26:14
230	914	DIANA	LINCON	F	34	F 30-34	1:26:30
231	789	DEB	VERGES	F	52	F 50-54	1:26:34
232	823	ASHLEY	DALTON	F	28	F 25-29	1:26:51
233	1027	CYNTHIA	BROOKS-DELGADO	F	46	F 45-49	1:27:06
234	993	VICKY	SAUER	F	48	F 45-49	1:27:08
235	1033	JEFF	ISTOK	M	46	M 45-49	1:27:56
236	715	JOY	FRAZIER	F	35	F Athena	1:28:08
237	831	CAMELLIA	GORDON	F	44	F Athena	1:28:13
238	886	STEVEN	GUERRERO	M	34	M 30-34	1:28:15
239	885	STEPHANIE	CLARK	F	32	F 30-34	1:28:28
240	888	STEPHANIE	TROUGAKOS	F	33	F 30-34	1:28:30
241	968	JESSICA	WELLS	F	31	F 30-34	1:28:32
242	820	SARAH	ROMIG	F	33	F 30-34	1:30:13
243	776	CYNTHIA	SUTTON	F	53	F 50-54	1:30:36
244	720	SHARONA	EVERETT	F	31	F Athena	1:30:50
245	927	ERICA	BENNETSEN	F	33	F 30-34	1:31:58
246	916	KRISTEN	NICHOLS	F	31	F 30-34	1:32:12
247	753	MARCY	HOOVER	F	36	F Athena	1:32:41
248	758	STEPHANIE	KEESE	F	29	F 25-29	1:33:25
249	842	KAREN	WALES	F	41	F 40-44	1:33:41
250	912	CHRIS	LIMBAUGH	M	29	M Clydesdale	1:34:35
251	1006	BECKY	FORD	F	32	F 30-34	1:34:54
252	965	CHERI	WEXLER	F	32	F 30-34	1:35:49
253	757	REUBEN	ORR	M	25	M 25-29	1:36:06
254	727	JAI	CAMPBELL	F	39	F 35-39	1:36:07
255	860	SHANNON	HARVEY	F	41	F Athena	1:36:30
256	849	SHERRY	BOEHNING	F	30	F 30-34	1:36:31
257	790	DI	WARNER	F	37	F 35-39	1:36:46
258	995	AMY	LEE-MOSES	F	41	F 40-44	1:37:12
259	898	THERESA	YOUNG	F	44	F 40-44	1:37:13
260	822	WENDA	HEBERT	F	61	F 60-64	1:37:19
261	1175	NASH	PAVELKA	M	10	M Under 11	1:38:06
262	765	KERA	PAVELKA	F	36	F Athena	1:38:24
263	718	TABATHA	SMITH	F	41	F Athena	1:38:26
264	915	CONCEPCION	CUMMINGS	F	28	F Athena	1:39:28
265	1113	DIANA	WOOD	F	27	F 25-29	1:40:58
266	943	MISSI	PALMORE	F	46	F Athena	1:42:16
267	944	THAN	LUU	M	1	M Under 11	1:44:57
268	986	BRENDA	RUSS	F	56	F 55-59	1:45:30
269	701	BRENDA	LAWSON	F	51	F 50-54	1:49:46
270	902	DANA	MCCANN	F	42	F 40-44	1:50:24
271	897	GLORIA	WOOD	F	54	F 50-54	1:50:26
272	725	MARIA	ALVAREZ	F	40	F 40-44	1:51:45
273	844	DURRAYA	KAUSER	F	61	F 60-64	1:51:54
274	1030	KAREN	LONG TRAIL	F	47	F 45-49	1:51:54
275	841	HIMAL	SHRESTHA	M	10	M Under 11	1:52:23
276	840	PRATIBHA	SHRESTHA	F	41	F 40-44	1:52:32
277	875	SHANNON	MEJIA	F	33	F 30-34	1:56:28
278	873	JIM	CROSBY	M	61	M Clydesdale	1:56:32
279	1037	ERIN	HORAK	F	33	F 30-34	2:43:57